

When trouble **develops** in your feet, it can cause a chain reaction of **problems** in your posture and **walking** mechanics.

These changes can put **stress** on joints and muscles higher up in your **body**, and lead to more serious problems.



Stylish Orthopedic Footwear

We are pleased to offer every size and width imaginable from these quality brands:



p.w. minor



Bedford Clinic and Lab

(Serving the HRM, South Shore, Central Nova and the Valley.)
1475 Bedford Hwy, Suite 203
(above Cora's) Bedford NS

902 832 9292

email bedfordorthotics@eastlink.ca

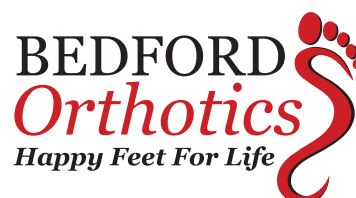
Monthly Antigonish Clinic

(Serving North East NS and CB.)
145 Church Street, Suite 301
(Claymore Inn) Antigonish NS

Toll-Free Bookings 1-866-832-9292

www.bedfordorthotics.ca

www.facebook.ca/bedfordorthotics



Happy Feet for Life



Relieving Foot and Related Pain Since 1988

Whether your **feet** are happy or sad has a direct **impact** on the rest of your body.

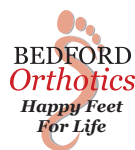
Like the **foundation** of a house, your feet **support** the weight of **everything** above them.

What can I do?

Step 1: You can help when visiting your health care practitioner (doctor, chiropractor, physiotherapist, etc.) by discussing how correcting specific foot imbalances with orthotics could be part of your treatment plan for any troubling foot, leg, or back issues. They can then refer you to a Pedorthist for a full assessment.



Step 2: Contact us at Bedford Orthotics to book your appointment for a consultation.



(902) 832-9292
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What Types of Orthotics are Available?

Bedford Orthotics offers a wide variety of foot orthotics to fit your lifestyle. We handcraft custom orthotics for: workplace safety boots, runners and sports footwear, children's shoes, casual footwear, low profile for fashionable dress shoes and specialty shoes for people with diabetes.

What is the Bedford Orthotics Advantage?

Consumers with sad feet, leg or back pain can have a confusing range of options and promises in the marketplace to consider when choosing the best trusted solution for their pain relief.

The following are four of the top reasons why our loyal patients have gladly referred friends, family and coworkers to us since 1988.

1. Reliable 3-D Weight-bearing Casting Method

We take the time to do it right and have built our reputation for long-term, pain-free results by starting with a reliable weight-bearing three dimensional plaster cast. For the same reason you walk around in new shoes you might buy, we believe it's more accurate to cast you standing as your foot naturally touches the ground. After we create a true model of your unique feet we can best handcraft your optimal performance custom orthotics. Better fit, less adjustments, faster sustained relief.



2. Onsite Lab Service for Personal Touch Quality Assurance with Every Step

In our experience as your happy feet team, we can better guarantee high quality of your handcrafted orthotics when we make them ourselves in our own state of the art lab. We can also save you time by making modifications during your visit.



3. Friendly, Trusted and Certified Expertise

Andrea Richard, happy feet team leader and owner of Bedford Orthotics, has been practising pedorthics since 1988. Andrea is one of the first women to become a Canadian Certified Pedorthist in 1993. She is a member of the College of Pedorthics Canada and the Pedorthic Association of Canada.



THE COLLEGE
OF PEDORTHICS
OF CANADA



Canadian Certified Pedorthists are foot orthotic and orthopaedic footwear experts who specialize in the assessment of lower limb anatomy and biomechanics and how to modify, design and fit both custom-made orthotics and footwear. They are on your health care team to design orthotics that complement other treatments and support your overall well-being.

4. Insurance Approved & Quality Protected

All major health insurance companies quality protect their subscribers by recognizing only orthotics crafted by the expertise of Canadian Certified Pedorthists and three other foot specific health professionals as qualified providers for your health plan coverage.

Please Note: Individual plans can vary widely. Please check with your insurance provider as to the depth and extent of your coverage. A Physician's referral is required to submit health insurance claims.

